

## Epinephrine

Epinephrine is a direct sympathomimetic that is used for treatment of hypotension, anaphylaxis, and open angle glaucoma. It is most commonly administered intravenously, and is metabolized extensively by the liver prior to excretion. It increases heart rate and systolic blood pressure and acts on  $\alpha$  and  $\beta$  adrenergic receptors.



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### Mechanism of Action

#### Alpha Agonist

##### [Afro Dragonist](#)

Epinephrine is an  $\alpha$  agonist that has several pharmacologic effects. It acts on  $\alpha_1$  adrenergic receptors to constrict smooth muscle of resistance blood vessels, such as those in the skin and splanchnic beds, causing increased peripheral resistance and venous return.

#### Beta Agonist

##### [Beta-fish Dragonist](#)

Epinephrine acts on both  $\beta_1$  and  $\beta_2$  adrenergic receptors and acts to increase heart rate and contractility. Furthermore, it increases lipolysis and renin release, while causing vasodilation. Drugs acting on  $\beta_2$  receptors also decrease uterine tone.

### Indications

#### Hypotension

##### [Hippo-BP](#)

Epinephrine is indicated for hypotension, as it increases systolic pressure as a result of positive inotropic and chronotropic effects on the heart. At high doses, it may cause vasoconstriction within skeletal muscle vasculature.

#### Anaphylaxis

##### [Anvil-axes](#)

This drug is used during anaphylactic shock and asthma attacks because of its vasoconstrictive effects, reversing angioedema and hypotension. Stimulation of  $\beta_2$  receptors causes bronchodilation as well as increasing intracellular cyclic adenosine monophosphate production in mast cells and basophils, reducing release of inflammatory mediators.

#### Allergy

##### [Allergy-alligator](#)

Patients with allergies undergoing immunotherapy may be administered epinephrine to reduce possible immune response to the allergen.

## **Glaucoma**

### **Glock-eye**

Epinephrine acts in the eye as a less selective alpha agonist and decreases aqueous humor production through vasoconstriction of ciliary body blood vessels. This decreases ocular pressure in open-angle glaucoma. Note: Epinephrine should NOT be used in closed-angle glaucoma.