

## Labs

## Helmet cells

### [Helmet Cell](#)

Sheared blood cells resemble helmets. Helmet cells are also known as schistocytes.

## LDH

### [Ladies Disc Hockey](#)

Elevated lactate dehydrogenase is characteristic in HUS as it is a chemical released from damaged cells.

## Treatment

### Dialysis

#### [Dial-machine](#)

Dialysis is indicated in patients with BUN > 80 mg/dL, symptomatic uremia, and electrolyte overload.

### Supportive

#### [Supportive IV Bags](#)

Treatment for HUS is typically supportive consisting of IV hydration, monitoring of blood counts, monitoring of electrolyte counts and replenishing of electrolytes if needed. RBC and platelet transfusions are indicated if the hemoglobin drops to below 6 g/dL or if significant bleeding occurs, respectively.