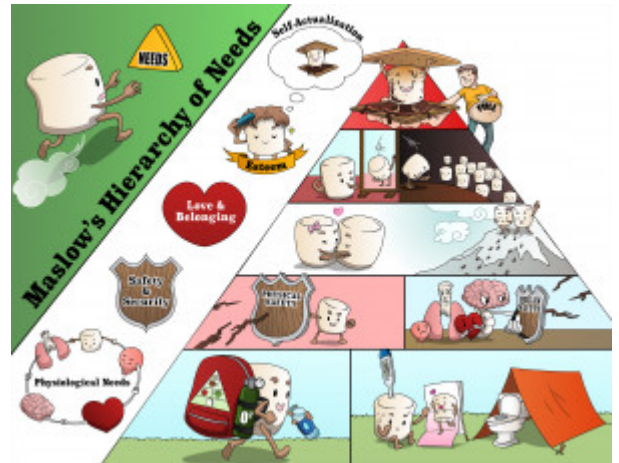


## Maslow's Hierarchy of Needs

Maslow Hierarchy of Needs is a way for nurses to understand the needs of a patient. Some needs will need to be address before other needs can be fulfilled. Example would be that a nurse needs to address a patient's physiological needs before love and belonging. It is important to understand that Maslow's Hierarchy is a basis for nursing care and strict adherence to the order may change with each patient.



PLAY PICMONIC

### Physiological Needs

#### Oxygen, Water, Nutrition

[O<sub>2</sub> Tank, Water-bottle, and Nutritional-pyramid](#)

These physiological elements are needed for the body to survive and help determine one's level of health.

#### Body temperature, Elimination, Shelter, Sexual Expression

[Thermometer, Toilet, Tent, and Sexy-magazine](#)

Regulating one's temperature, eliminating appropriately, having adequate shelter, and adequate sexual expression help advance one's journey up the Hierarchy.

### Safety and Security

#### Physical Safety

[Physical Safety-shield](#)

The ability to avoid harm or injury creates a feeling of comfort.

#### Physiological Safety

[Organ-function Shield](#)

Physiological safety does not just pertain to our bodily systems working together and keeping one safe, but other systems, such as law, stability, order, and freedom from fear.

### Love and Belonging

#### Affection and Companionship

[Affectionate-kiss and Companions](#)

Needs are for giving and receiving love to create satisfactory interpersonal relationships.

### Esteem

## Self Respect and Respect for Others

[Respectfully-bowing to Self and Respectfully-bowing to Others](#)

The individual works to achieve success and recognition in work and desires prestige from accomplishments.

## Self Actualization

### Fulfillment

[Finding Fulfillment as a Filling-s'more](#)

Fulfillment stems from achieving accomplishments set by the individual. However, this need cannot fully be met until previous needs have been mastered.