



## **Change in Activity Level**

### [Delta Activity Level](#)

Patients with delirium often have a change in activity level that may include problems with the normal sleep/wake cycle, as well as insomnia.

## **Mood Swings**

### [Moody-masks on Swing](#)

Patients may be fearful, anxious, suspicious, aggressive, or violent. Their mood tends to fluctuate frequently, and they are often stimulated easily by stressors.