

Proton pump inhibitors work by decreasing hydrochloric (HCl) acid secretion, as HCl acid stimulates pancreatic activity. A common PPI prescribed is omeprazole (Prilosec).

Antibiotics

ABX-guy

In the presence of necrotizing pancreatitis, patients often develop infection as the inflamed and necrotic pancreatic tissue is a good medium for bacterial growth. Administer antibiotics as prescribed.

Surgery

Surgeon

Acute pancreatitis related to gallstones requires an endoscopic retrograde cholangiopancreatography (ERCP) plus endoscopic sphincterotomy. This can be followed by laparoscopic cholecystectomy to prevent reoccurrence.

Nutrition

Nutritional-plate

It is important to stay properly nourished to aid with recovery. When able to eat, small, frequent high carbohydrate, high protein, low fat meals should be consumed. To avoid irritation, consume bland foods with no spices and avoid GI stimulants, such as caffeine or alcohol.