

## Interventions

### **Cool Humidified Air**

[Cold Air from Humidifier](#)

Treatments are aimed at decreasing inflammation and cool humidified air has long been used as a treatment, although its effectiveness has not been completely scientifically documented.

### **Dexamethasone**

[Desk-moth](#)

Steroid medications like dexamethasone are given to decrease inflammatory processes of tissues in the body as treatments are aimed to decrease inflammation.

### **Racemic Epinephrine**

[Race-car Epi-pen](#)

A specialized type of epinephrine named for its chemical properties is given in an aerosolized form. This medication is indicated for stridor or airway constriction due to inflammation, except epiglottitis.