

Epigastric or RUQ Pain

E-pick-gas and RUQ Pain-bolts

Epigastric, or right upper quadrant (RUQ), pain is usually an ominous sign, and the patient frequently complains of this pain immediately before the onset of the seizure. In many cases, this pain/feeling is a harbinger of an impending seizure. This pain could also represent worsening hepatopathy from pre-eclampsia.

Seizures

Caesar

Due to cortical brain spasm and increased CNS irritability, seizures can occur in the pregnant individual. These seizures can occur before, during, or after birth and are significant to eclampsia. Typical seizure care includes airway management, administration of oxygen, turning the patient on their side, and padding side rails.

Coma

Comb

Due to severely increased CNS irritability, the patient can progress to a comatose state. This progression is a severe complication of eclampsia.

Considerations

Don't Leave Bedside

Not Allowed to Leave Bedside

It is imperative in this obstetric emergency to call for help and not leave the patient alone.

Magnesium Sulfate

Magnesium-magazine with Sulfur-matches

This medication is given to control seizures in patients with eclampsia. Calcium gluconate should be available to reverse any effects of magnesium toxicity (depressed DTRs, bradypnea, oliguria), as the patient has more than likely been receiving magnesium sulfate prior to the onset of seizure activity. It is crucial to monitor for respiratory depression.