

Enamel Erosion

Eroding Teeth

Enamel erosion is a key characteristic of bulimia nervosa. This occurs due to the acidic emesis eroding tooth enamel.

Russell's Sign

Rusted Knuckles

Due to self-induced vomiting, patients with bulimia nervosa may present with calluses, lacerations, or scars on their hands (dorsum or anterior side) and fingers. This characteristic is referred to as Russell's sign.

Diagnosis

Once Weekly For 3 Months

(1) Wand and Week-calendar with (3) Tree Month-moon

To diagnose bulimia nervosa, the patient must engage in at least one episode of bingeing and purging per week according to the DSM V.