

The most prominent symptom of this disease is fatigue, and women seek medical attention for symptoms of unstable angina more often than men. Other symptoms include shortness of breath, indigestion and anxiety.

Considerations

Acute Coronary Syndrome (ACS) Treatment

Acute-angle Crown-heart

Because of the severity of unstable angina, patients should undergo treatment for acute coronary syndrome, which is a precursor to myocardial infarction. The protocol to rule out myocardial infarction should be followed, including ECG, cardiac markers CK-MB, and troponins.

Emergency Treatment

Emergency-lights

Unstable angina is an emergency, thus patients should seek emergency treatment. There is a serious risk of unstable angina progressing to myocardial infarction.