

# Norepinephrine (Levophed)

Norepinephrine (Levophed) is an adrenergic agonist with alpha-1, alpha-2, and beta-1 specificity. Norepinephrine is a potent vasopressor and is used in instances of severe hypotension to produce a dramatic increase in blood pressure. Side effects of this medication include: decreased renal blood flow, cardiac arrhythmias, and hypertension. Extravasation of norepinephrine during administration can cause tissue necrosis. If extravasation occurs, the antidote, phentolamine (Regitine), can be infused into necrosed area to allow blood vessels to re-expand. Norepinephrine is a last resort medication and should be used only when other interventions have proven to be ineffective.



**PLAY PICMONIC** 

#### Mechanism of Action

#### Alpha Agonist

Afro Dragonist

Norepinephrine is an alpha agonist medication. Activation of alpha receptors causes smooth muscle contraction, leading to constriction of blood vessels and subsequent increase in blood pressure.

#### Beta-1 Agonist

Beta-fish (1) Wand Dragonist

Norepinephrine is also a beta-1 agonist, meaning that it stimulates beta-1 receptors in the heart, thereby increasing heart rate.

#### Indications

### Severe Hypotension

Severed Hippo-BP

Norepinephrine is a vasopressor, which causes constriction of blood vessels. In instances of severe hypotension, norepinephrine can be given to produce a dramatic increase in blood pressure, potentially saving a patient's life.

### **Side Effect**

#### **Decreases Renal Blood Flow**

Down-arrow Kidney with Blood-vessels

Because this medication is a potent vasoconstrictor, blood vessels will constrict causing less blood to perfuse the kidneys. Norepinephrine decreases renal blood flow in an attempt to supply blood to more vital organs, such as the brain and the heart, in a severe hypotensive crisis.

### **Arrhythmias**

Broken Arrhythmia-drum

Cardiac arrhythmias can occur in patients receiving norepinephrine, related to excessive activation of beta-1 receptors in the heart.



### Hypertension

### Hiker-BP

If given in excess, vasoconstriction caused by activation of alpha-1 receptors may cause the patient to become hypertensive. Blood pressure should be monitored carefully in these patients to avoid a hypertensive crisis.

### **Considerations**

#### **Tissue Necrosis**

## Tissue Necrosis-crow

If norepinephrine extravasates or leaves the blood vessel during administration, it can cause tissue necrosis. If extravasation occurs, the antidote, phentolamine (Regitine) can be infused into necrosed area to allow blood vessels to re-expand.

### **Last Resort Medication**

#### **Last Resort**

Norepinephrine is a last resort medication and should be used only when other medical and/or pharmaceutical interventions have proven to be ineffective.