

tacrolimus and lymphoma.

Moisturizers

Lotion

Skin hydrating moisturizers are an important component of atopic dermatitis treatment. The use of moisturizers serves to hydrate the stratum corneum and maintain the lipid barrier. It is recommended that patients apply moisturizers immediately after bathing in order to maintain proper skin hydration.

Corticosteroids

Quarter-on-steroids

Topical corticosteroids are used to suppress cutaneous inflammation in mild to moderate atopic dermatitis. For severe atopic dermatitis in adolescents or adults, especially during acute flares, systemic corticosteroids may be used.

Phototherapy

Photo-flash

In adolescents and adults with moderate to severe atopic dermatitis, phototherapy treatment may be implemented if topical therapy has failed.

Avoid Triggers

Avoid-sign with Trigger

Avoiding triggers is key to the management of atopic dermatitis. Common triggers include low humidity, dry skin, excessive heat, exposure to detergents or irritants, dust mites, animal dander and UV light.

Antihistamines

Ant-tie-history-man

Oral and topical antihistamines are used to provide symptomatic relief of pruritus and break the itch-scratch-itch cycle.