

Inguinal Ligament

[iguana-ligament](#)

The inguinal ligament helps form the floor of the inguinal canal.

2 T's Form the Posterior Wall

[Mr T-tutu by post-wall](#)

The posterior wall of the inguinal canal is formed by two T's: Transversalis fascia, and the conjoint Tendon.

Transversalis Fascia

[Train-facial lotion](#)

The transversalis fascia helps form the posterior wall of the inguinal canal.

Conjoint Tendon

[Convict-joint](#)

The conjoint tendon helps form the posterior wall of the inguinal canal.

Deep Ring is Defect in Transversalis Fascia

[Deep-diver-life ring by train-facial lotion](#)

The deep inguinal ring is formed by a defect or hole in the transversalis fascia.

Superficial Ring is Formed by Defect in the External Abdominal Oblique Aponeurosis

[Super-fish-ring by external-obelisk](#)

The superficial inguinal ring is formed by a hold in the external abdominal oblique aponeurosis. In hernias, when intestines protrude through the abdominal cavity and exit through the path of the inguinal canal, they may protrude through the superficial ring. This is in contrast to a direct inguinal hernia, which instead of traveling through the path of the inguinal canal protrudes directly through the abdominal wall.