

Antidepressant Discontinuation Syndrome



PLAY PICMONIC

Symptoms

Flu-Like Symptoms

[Thermometer and Ice-bag](#)

Flu-like symptoms such as fatigue, lethargy, muscle aches, headaches, sweating, and diarrhea are very common in this condition.

Insomnia

[Taped-awake-insomniac](#)

Insomnia is also a frequent manifestation of this condition.

Nausea

[Nausea/vomiting](#)

Nausea and vomiting are manifestations of antidepressant discontinuation syndrome.

Ataxia

[A-taxi](#)

Ataxia and balance problems are common in patients with antidepressant discontinuation syndrome.

Agitation

[Agitated-agent](#)

Agitation is a common manifestation of antidepressant discontinuation syndrome.

Psychosis

[Psycho in straight-jacket](#)

Transient psychosis can be caused by the abrupt withdrawal of antidepressants, particularly MAO inhibitors.

Treatment

Restart And Taper

[Tape-dispenser with Gradual amounts of pills and restart button](#)

Treatment of this condition consists of restarting antidepressant therapy at the original dose, followed by a gradual tapering and discontinuation.