

## Oppositional Defiant Disorder (ODD)



PLAY PICMONIC

### Unknown Etiology

#### Question Mark

There is no single etiology contributing to the development of ODD. Hence, various psychological, environmental, genetic, and social factors are involved. Examples include neglect, family history, abuse, toxin exposure, and family instability.

### Diagnosis

#### Symptoms > 6 Months

##### Greater-than Sign with (6) Sax and Month Moon

ODD is characterized by symptoms that last longer than six months and occur when interacting with more than one individual (other than a sibling), such as a parent or teacher. ODD can begin in the first few years of elementary school and is frequently accompanied by anxiety and mood disorders, ADHD, or learning disabilities.

#### Argumentative with Authority

##### Arguing with Teacher

ODD is diagnosed when at least four symptoms are present. These symptoms include arguing with authority figures, rule defiance (especially when requested by an authority figure), loss of temper, anger, annoyance, moodiness, vindictiveness, spitefulness, and blaming others for their misfortunes.

#### Angry and Annoyed

##### Angry and Annoying-poking-teacher

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#### Vindictive Behavior

##### Behavioral-mask Laughing

The vindictive or spiteful behavior would specifically need to have occurred at least twice over the last six months.

### Association

## Conduct Disorder

### Bad Conduct

ODD frequently appears before the onset of conduct disorder.

## Treatment

### Cognitive Behavioral Therapy

#### Cog Behavioral Therapist

ODD can be treated with psychotherapy (e.g., cognitive behavioral therapy/CBT) and specific social training.