

Age 18 Months - Developmental Milestones

The typical 18 month old can build a tower of 3 blocks, imitate scribbling, and walk backwards. At this age, children can also use a spoon and cup with help to feed themselves and can say 10 or more words. As children develop more independence, children at this age may also develop a tendency to throw temper tantrums when they do not get their way. As a parent, it is important to not reinforce these behaviors although easier said than done.



PLAY PICMONIC

Gross Motor

Climbs Up Stairs

[Climbing Stairs](#)

At 18 months old, toddlers will be able to climb up stairs, but may need some assistance.

Runs

[Running](#)

By 18 months of age, toddlers will be able to run.

Fine Motor

Stacks Three Blocks

[\(3\) Tree and Blocks](#)

By 18 months old, a toddler will be able to build a tower of three blocks.

Eats with Spoon

[Spoon](#)

At 18 months of age, most children can use a spoon and cup with help to feed themselves.

Removes Clothing

[Removing Clothes](#)

A developmental motor milestone for 18-month-old toddlers is being able to remove clothing independently.

Language

10-25 Word Vocabulary

[\(10\) Tin, \(20\) Dollar-bill and \(5\) Hand with Words](#)

At 18 months of age, children typically have a vocabulary of approximately ten to 25 words.

Social / Cognitive

"Mine"

"Mine" Speech-bubble with Miner-hat

At 18 months old, toddlers begin to understand the idea of "mine" and not want to share toys.

Pretend Play

Pretending to be a Princess

At this age, toddlers will begin to engage in simple pretend play, such as feeding stuffed animals or dolls.