

Encourage the patient to significantly increase their fluid intake (water) to 3L/day. Drinking cranberry juice can be beneficial as well because of it being acidic.

Antibiotics

[ABX-guy](#)

Antibiotics are used to treat urinary tract infections. It is important to teach your patient to finish all of their prescribed antibiotics, even if they are feeling that the signs and symptoms have gone away.

Avoid Caffeine

[Soda and Coffee knocked away](#)

Discourage the patient from drinking caffeinated beverages, such as soda or coffee.

Dr Appointment in 2 weeks

[\(2\) Tutu Calendar with Dr. Appt. in 2 weeks](#)

It is important the patient completes their prescription of antibiotics and follows up with an appointment with their doctor to ensure the infection is gone.

Void every 2 - 4 hours

[\(2\) Tutu and \(4\) Fork Hourglass on bathroom door](#)

Encourage the patient to void frequently, such as every 2-4 hours.